

To Overcome Fatigue

Prayer to overcome fatigue

Father, in the name of Jesus, I come before Your throne of grace to receive mercy and to find grace to help in time of need. May blessing (praise, laudation, and eulogy) be to You, the God and Father of my Lord Jesus Christ (the Messiah) for You have blessed me in Christ with every spiritual (given by the Holy Spirit) blessing in the heavenly realm!

Father, Chronic Fatigue Syndrome is a curse, not a blessing. Jesus became a curse, and at the same time dissolved the curse. And now, because of that, the air is cleared, and I can see that Abraham's blessing is present and available for me. I am able to receive Your life, Your Spirit, just the way Abraham received it.

Christ (the Messiah) purchased my freedom with His very own blood, and the law of the Spirit of life [which is] in Christ Jesus [the law of my new being] has freed me from the law of sin and of death.

Christ lives in me. Your Spirit Who raised up Jesus from the dead dwells in me. You, Father, are restoring to life my mortal (short-lived, perishable) body through Your Spirit Who dwells in me.

You, Sovereign Lord, have given me an instructed tongue, to know the word that sustains the weary. You waken me morning by morning, waken my ear to listen like one being taught.

I have strength for all things in Christ Who empowers me [I am ready for anything and equal to anything through Him Who infuses inner strength into me; I am self-sufficient in Christ's sufficiency].

You are my Light and my Salvation—whom shall I fear or dread? You are the Refuge and Stronghold of my life—of whom shall I be afraid? You, Lord, are my Shield, my Glory, and the Lifter of my head. With my voice I cry to You, and You hear and answer me out of Your holy hill. I lie down and sleep; I awaken again, and You sustain me.

Father, I put on Your whole armor; and, having done all, I stand, knowing that You are watching over Your Word to perform it. Your Word will not return to You void [without producing any effect, useless], but it shall accomplish that which You please and purpose, and it shall prosper in the thing for which You sent it.

Lord, You used Your servant body to carry my sins to the cross so I could be rid of sin, free to live the right way. Your wounds became my healing.

I throw off the spirit of heaviness and exchange it for a garment of praise. Thank You for the superhuman energy which You so mightily enkindle and work within me.

In the name of Jesus I pray, amen.

Scripture References:

Hebrews 4:16 Psalm 3:3-5 amp

Ephesians 1:3 amp Ephesians 6:11,13

Galatians 3:13,14 message Jeremiah 1:12 amp

Acts 20:28 Isaiah 55:11 amp

Romans 8:2,11 amp 1 Peter 2:24 message

Isaiah 50:4 niv Isaiah 61:3

Philippians 4:13 amp Colossians 1:29 amp

Psalm 27:1 amp